

Equality Impact Assessment – Stage One

We need to ensure that our strategies, policies, functions and services, current and proposed have given due regard to equality and diversity.

Please complete the following questions to determine whether a Stage 2, Equality Impact Assessment is required.

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| Name of policy, strategy or function: | Eat 4 Health |
| Version and release date of item (if applicable): | |
| Owner of item being assessed: | Lesley Wyman |
| Name of assessor: | Lesley Wyman |
| Date of assessment: | 6/11/2015 |

| Is this a: | | Is this: | |
|------------|----|--------------------------------------|-----|
| Policy | No | New or proposed | No |
| Strategy | No | Already exists and is being reviewed | No |
| Function | No | Is changing | Yes |
| Service | No | | |

| 1. What are the main aims, objectives and intended outcomes of the policy, strategy function or service and who is likely to benefit from it? | |
|---|--|
| Aims: | To decrease the percentage of adults who are overweight or obese in West Berkshire |
| Objectives: | To help adults who have a BMI>25 to decrease their weight to become a healthy weight and maintain their weight To increase % of adults eating a healthy diet To increase % of adults being moderately physically active for 30 mins per day on most days of the week |
| Outcomes: | Decreased prevalence of adults who are overweight or obese in West Berkshire |
| Benefits: | Decreased rates of coronary heart disease, stroke, diabetes, hypertension, osteoarthritis, some cancers in West Berkshire |

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| <p>2. Note which groups may be affected by the policy, strategy, function or service. Consider how they may be affected, whether it is positively or negatively and what sources of information have been used to determine this.</p> <p>(Please demonstrate consideration of all strands – Age, Disability, Gender Reassignment, Marriage and Civil Partnership, Pregnancy and Maternity, Race, Religion or Belief, Sex and Sexual Orientation.)</p> |
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| Group Affected | What might be the effect? | Information to support this |
|---|---------------------------|-----------------------------|
| None in particular. | | |
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| | | |
| Further Comments relating to the item: | | |
| <p>Any adults with any of the above characteristics can attend Eat 4 Health classes (apart from pregnant women).</p> <p>It is not specifically for those who have very severe obesity since there are different services available for them and therefore those who have a disability due to being obese are not likely to be affected.</p> | | |

| 3. Result | |
|--|-----------|
| Are there any aspects of the policy, strategy, function or service, including how it is delivered or accessed, that could contribute to inequality? | No |
| Please provide an explanation for your answer: As above | |
| Will the policy, strategy, function or service have an adverse impact upon the lives of people, including employees and service users? | No |
| Please provide an explanation for your answer: No-one is discriminated against in being able to attend these courses and the service will still carry on with just a few courses not taking place due to funding cuts. | |

If your answers to question 2 have identified potential adverse impacts and you have answered 'yes' to either of the sections at question 3, then you should carry out a Stage Two Equality Impact Assessment.

If a Stage Two Equality Impact Assessment is required, before proceeding you should discuss the scope of the Assessment with service managers in your area. You will also need to refer to the Equality Impact Assessment guidance and Stage Two template.

| 4. Identify next steps as appropriate: | |
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| Stage Two required | No |
| Owner of Stage Two assessment: | |
| Timescale for Stage Two assessment: | |
| Stage Two not required: | |

Name: L. Wyman

Date: 6/11/2015
